

Family Time Guidelines and Tips

It is a fundamental right of children to visit with their parents. This is your opportunity to connect and build your relationship.

- Family Time is pre-arranged by the social worker.
- Family Time is supervised unless otherwise approved by the social worker.
- Additional family members may also visit on occasion when pre-arranged and cleared by the social worker.
- Parents and other family members must be smoke, drug and alcohol free at the time of the visit.
- Parents are asked to be 10 minutes early so that they will be ready to greet their children upon arrival.
- Children will be returned to their caregiver if the parent does not show up after 15 minutes.
- Parents may bring healthy meals or snacks. Soda and candy are discouraged.
- Parents are expected to be attentive to the child's needs and focused on activities that involve their children.
- Calm, appropriate, mature and respectful behavior is expected of the parent during Family Time.
- All participants will turn off their cell phones during Family Time.
- Parents will help their children clean up the room prior to leaving.
- To cancel an appointment for Family Time, the parent must call the social worker or visit supervisor at least 2 hours in advance. This will allow time for the child's transportation to be stopped.
- After three cancelled visits by the parent, or no shows, Family Time will be stopped until further assessment by the social worker.

Making the most of your visits

- Bring books, toys and games.
- Make Family Time about bonding with your child.
- Only make promises you can keep.
- Expect your children to act up—prepare yourself by learning ways to help them calm down.
- Be honest about the hard work you are doing to be a better parent.
- Build a relationship with the caregiver.
- Help your children say good-bye.

Parent Signature

Date

Social Worker

Date